



STORE DETECTIVE

Kylie Isherwood investigates the best healthy buys in the supermarket and gives you the lowdown on foods in season

“yummy **92.7% fat-free** pies... the pies are made with the finest ingredients...”

TRIM PIES

We were lucky enough to be sent some yummy **92.7% fat-free** pies for a taste test and we loved them. They're from the Village Hot Bakery Cafe at 113 Darling Street, Dubbo, NSW. The pies are made with the finest fresh ingredients and the bakery's traditional baking methods have won them many awards. So forget the family trip to Fiji - make your next holiday a driving one and make sure you stop off in Dubbo!

WE LOVE!

